ALL KID MENU ITEMS ARE \$6 AND COME WITH CHOICE OF SIDE & DRINK 12 & YOUNGER PLEASE - ADD \$2 FOR ADULTS ORDERING OFF KID MENU

# **BREAKFAST**

SERVED WITH DRINK & CHOICE OF SIDE



2 Eggs / Chopped Ham / American Cheese SIDE: FRUIT

#### **DOUBLE DIPPER**

Two French Toast Dippers / One Scrambled Egg

#### **KID COMBO**

One Scrambled Egg / One Slice of Bacon / One Piece of Toast

# SHORT STACK & BACON

3 Dollar Sized Pancakes & Bacon

# LUNCH / DINNER

SERVED WITH DRINK & CHOICE OF SIDE

#### **LIL' EASY CHEESY**

4oz Beef Patty / American Cheese

#### **PASTA ALFREDO**

Penne Pasta / Alfredo Sauce

#### **CHEESY CHICKEN**

Grilled Chicken Tender / Cheddar Cheese / Steamed Butter Broccoli SIDE: FRUIT

### **SMALL FRY**

Choice of Fried: Louisiana Catfish, Shrimp, or Chicken Tenders

#### **QUESADILLA**

Flour Tortilla / Shredded Cheese

#### **GRILLED CHEESE**

Texas Toast / American Cheese

## SIDES

CREAMY GRITS / CHEESE GRITS / HASHBROWNS
KETTLE CHIPS / 5 CHEESE MAC / SEASHORE FRIES
STEAMED BROCCOLI / FRESH FRUIT





Eat Fit Northshore items meet nutritional criteria designated by Ochsner Health System in partnership with St. Tammany Parish Hospital. Visit EatFitNorthshore.com + download Eat Fit app for nutrition facts.